

YOUR LOCAL FEDERAL **CANDIDATES:**

A POCKET GUIDE OF WHO'S WHO {page 4}



KATE & **WILLS** SAY I DO

LAST





Weekend, April 29-May 1, 2011 www.metronews.





► Craig Hunter, organizer of the London Vote Mob, is hoping tons of

people come out to the rally and see the man who started it all

comedian and political commentator Rick Mercer.

ley voters le's here

Canadians — and youth in particular — are engaged and enthusiastic about this election campaign, says comedian Rick Mercer **○** London Vote Mob starts at 1 p.m. Saturday in Victoria Park



His political musings in late March spawned Vote Mobs, which have inspired youth across the coun-

And vet when Rick Mercer comes to the London Vote Mob on Saturday, it'll be the first one he's attended.

Mercer, host of the popular Rick Mercer Report on CBC, is in London for a fundraiser Friday and Saturday at Centennial Hall.

"While I'm in town, I figured I'd cross the street and take part in the Vote Mob. All the kids are doing it!" he said. "They've certainly motivated lots of young people to get involved."

Mercer said he's been on the campaign trail with federal leaders and been unable to attend prior

But he's not surprised that they've taken off.

There's a feeling that students are apathetic," he said. "I don't really buy into that, I just think they have other things on their minds.

But one thing Mercer knows for sure: This election campaign has surprised everyone.

"No one — not one single expert predicted what is going on now, and that's what I love," he said.



"Political science students are going to be

studying this election for quite some time. It's fascinating."

Proof that people are interested? Mercer said four million people watched the English leadership debate - ratings equal to a hockey playoff game.

With his wealth of political knowledge - and considering requests from fans on his Facebook page — when will we see a Rick Mercer for prime minister campaign?

He said it's not going to happen.

His adventures

While Rick Mercer will be attending Saturday's Vote Mob in Victoria Park, that's not why he's in town. He's performing Friday and Saturday night at Centennial Hall at a fundraiser for the Bethany's Hope Foundation.

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Students stage mock vote

◆ High school students learn about political process ◆ Results to be released Monday



They may not be able to vote in Monday's election, but today students at Saunders Secondary School in London are getting a lesson in civic duty.

And they'll have a voter turnout that would make electioneers countrywide jealous.

As part of Student Votes, a nationwide campaign, all students at the London high school will receive ballots in homeroom. Then they'll be asked to cast their vote for their candidate of choice in the riding of London West.

"We tell our kids that political parties are reactive, not proactive, so if they know a certain group is not voting in huge num-

"Our hope is that they'll be more engaged."

TEACHER STU MUTCH

bers, they really don't give those people the due diligence they should," said Stu Mutch, a teacher and organizer of the Saunders campaign.

"But if they vote in big enough numbers, they'll listen to you."

Mutch said they've held similar mock votes for the municipal and provincial elections, and turnout is close to 100 per cent. By comparison, turnout during the last federal election was 58 per cent, an alltime low.

"We try to encourage everyone to vote, but if some student absolutely opposes the idea we're not going to force them."



Network celebrates family literacy

Fanshawe College hosted the Child and Youth Network's celebration of family literacy on Thursday. The network launched its new family literacy website thisisliteracy.ca. The goal of the website is to improve family literacy at home and make literacy a way of life.

Delay in sentencing for woman convicted in death of 4-week-old

The sentencing hearing for a 35-year-old St. Thomas woman convicted in the death of her four-week-old daughter has been adjourned.

Bill Glover, the defence lawyer for Sarah Whittington, has requested a 12- to 18-month conditional sentence with six months nouse arrest.

The Crown is seeking a jail term of two to three years.

Whittington was convicted in February of offering an indignity to a body in connection with the death of her baby daughter, Abbygail, in September 2007.

Schedule

The sentencing hearing will resume May 16.

Earlier in the day, the court heard victim impact statements by Abbygail's father, among others.

AM980/AM980.CA

News in brief

Old Time Rock and Roll

concert. His signature song, Old Time Rock and Roll, still burns up the classic charts. And on May 24, rocker Bob Seger and the Silver Bullet Band are going to bring that same fire to the John Labatt Centre. Tickets are

\$75. • METRO

The marathon challenge

EXERCISE. London MPP Chris Bently encourages you to take the marathon-a-month challenge to run, skip, bike, walk, skate, swim, etc., to complete what would amount to a marathon (42.2 kilometres) in about a month. To register call (519) 657-3120. • METRO





If former Global anchor Kevin Newman misses the job, he doesn show it. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Go backstage at The Lion King with puppet master Michael Reilly as he shows off his 230 creatures. Video at metronews.ca



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Your federal candidates: Future MPs or wannabes?

• We asked candidates from our four federal ridings to tell us about their families and why we should vote for them

London Fanshawe



Irene Mathyssen, NDP Incumbent Family: Married 37 years to husband Keith; 1 daughter, Lindsay

Why should we vote for you? The NDP offers a practical plan to support job creation, strengthen pensions, deliver tax fairness, improve health care and make life more affordable. We won't just talk about it - we'll act now! I've been working as your MP at home and in Ottawa, providing local leadership and getting results.



Jim Chahbar, Conservative Family: Wife Raya, five children and five grandchildren

Why should we vote for you? Prime Minister Harper needs a strong mandate to continue sound economic policies to respond to difficult economic times. My business experience will help me as MP to work with the city and province to attract more jobs and create jobs.



daughters,

Liberal Family: Married to Sylvie; children, Nathan and Cassandra. step-

Dominique Why should we vote for you? As a past member of city council, I was instrumental in advocating for the areas I represented. I led the call for many projects in the wards I represented and made them reality. Libraries, daycare centres, seniors' housing, infrastructure and memorializing veterans and their sacrifices were a few initiatives.



Matthew Pelosa, Green party Family: Married (10 years), three children (fiveyear-old, three-

year-old, and one-year-old) Why should we vote for you? I'm making one promise this election, and that is to always do my best to earn your trust and respect. I'll work to change the tone in Ottawa; we need cooperation, communication and collaboration. The best ideas need to be brought forward, this is our democracy, let's take it back.



G.J. Rancourt, Christian Heritage Party Family: Wife Ingrith; cocker spaniel Buddy Why should we vote for you? CHP Canada is Canada's only pro-life, pro-fam-

ily, federal party and the only party willing to defend the freedoms quaranteed in the constitution. There is also a "dedication to better solutions for Canada," and I relate to this well, as it has been my company's slogan for more than 20 years.

London North Centre



Glen Pearson, Liberal incumbent Family: Seven children, three grandchildren. Why should we vote for you? I am committed to my community and committed to Canada. I want to bring Ottawa to London-North-Centre and London-North-Centre to Ottawa. I want to make Canada a compassionate coun-

try again and restore our place on the world stage.



Susan Truppe, Conservative Family: Married to husband Walter for 23 years; 22-year-old son, Walter, Jr.

Why should we vote for you? Susan Truppe has four priorities: Implementing our low-tax plan to complete the economic recovery,

keeping taxes down for families and seniors, eliminating the deficit, and keeping communities safe while holding



German Gutierrez, NDP

Family: Wife, son, 2 daughters, 3 granddaugh-

Why should we vote for you? Ottawa is broken. It's time for change. Let's listen to the people and take their opinions to Parliament.

Let's fix Ottawa. Together we can create more employment, get more doctors and nurses, and protect seniors and children. Let's do this ... let's take your voice back to Parliament Hill!

London West



Ed Holder, Conservative incumbent Family: wife Judite, daughter Claudia, son-in-law Cedo

Ivanisevic, granddaughters

Why should we vote for you? My Cape Breton Mom taught me that community service is the price you pay to live somewhere. I have devoted more than 30 years to helping people in London.

Maia and Katia



Doug Ferguson, Liberal

Family: Married to Laurie Lashbrook. Their blended family includes Doug's children, Sarah and Dun-

can, and Laurie's daughter, Erika. Why should we vote for you? We need change; we need a government that acts on behalf of all Canadians, not just large corporations and special interest groups

and I can bring change to London West.



Peter Ferguson, NDP Family: Wife Judith, two school-age sons Why should we vote for you? As the father of a young, active family, I

share my neighbours' concerns for our children and the world they'll inherit. My scientific background will bring a much-needed informed perspective to decisions about health care, the environment and research



Brad Corbett, Green party Family: 2 daughters, aged 17 and

Why should we vote for you? The priority is to restore democracy to voters by representing

the views of London West over party politics. As your MP, I will be able to take your vote to Ottawa and represent your views. If you're tired of the traditional parties, see the Green party platform at: greenparty.ca.

Elgin-Middlesex-London



Joe Preston, Conservative incumbent Family: Married to Geri more

than 35 years; two kids Why should we vote for vou? As a small business owner. Joe understands what hard work is. As a father and husband, he understands the difficulties facing families



Graham Warwick, Liberal Family: Married to Elizabeth

Sebestyen for 32 years, two grown sons Why should we vote for you? A compassionate Liberal government is the only alternative to a Harper majority. A strong voice. Liberals listen.



Sinclair, NDP Family: Married 16 years to Amanda

Sinclair, three daughters Why should we vote for you? I have a strong willinaness to listen. understand and to help you with your issues and concerns. My door will always be open.



Fisher, Green party Family: Two kids

Why should we vote for you? My background gives me an insight into world and domestic economic and social issues. My party believes economic justice and a healthy environment go hand-in-hand



Hiemstra, Christian Heritage **Party**

Family: Married for 13 years to Brenda; three children Why should we vote for you? I am a principled, honest man who is willing to work hard to make EML a better place to live for all



Will Arlow, Canadian Action **Party** Family: Mar-

ried with five children Why should we vote for you: Voting for me gives force to a popular movement to restructure government and society to deal with the end of oil, and the end of consumerism.

Rug hookers host open house

Rug-hooking conference showcases ancient craft now regarded as both decorative and fine art form



It's no longer a craft reserved for old ladies in church basements: More young people are embracing rug hooking as a fine

And Londoners will get a chance to see what it's all about Sunday as Simply Hooked, London's local rug hooking guild, hosts the 45th annual Ontario Hooking Craft Guild's conference.

Dubbed The Sound of Colour, the three-day conference will bring together an estimated 300 rug hookers for workshops and information. On Sunday, they'll throw open the Crystal Ballroom at the Lamplighter Inn, 591 Wellington Rd. South, to the public.

Pulling loops

- In rug hooking an artisan will pull loops of fabric through a woven base using a crochet-type hook.
- Fabric can be wool, yarn, silk or other fabrics.

Live demonstrations and rug-hooking products will also be available.

"It's probably the first time that we'll have had a rug show of this size and diversity in London," said Katherine Walmsley, Simply Hooked spokeswoman. She said they plan to fill the entire ballroom — a large task indeed — with examples of their work. "You'll see rugs from very traditional to very contemporary to everything in between. These are pieces were once done to put on

floors, and they still are ... but a lot of the work has entered into the realm of decorative art, sometimes even fine arts.'

It's in the area of fine art that you'll find more and more young people picking up the trade, Walmsley explained.

"There are a number of young folks and there are even kids who are going through and doing fine arts," she said. "A lot of the young people are looking at these traditional types of crafts and they're pulling it and twisting it into new interesting things, something new, vibrant and different, adding an energy into it. That's really quite fun. I love the fact that they're doing it and it's something that not just church basement ladies are



Services land in the lab of luxury

For years, London Laboratory Services Group operated in various locations across the city. Last November, the group began its move to Victoria Hospital. Having everyone under one roof allows for easier collaboration, said co-ordinator Rich Bak.

News in brief

Pride TV debut

OUEER CULTURE. Forest City Pride TV. London's first. and only, television show celebrating queer culture in the area is set to debut May 5 on Rogers local TV at 9 p.m. The show will air

each Thursday at 9 p.m. The seven episode program will focus on issues that matter to the local queer community including interviews, call-in shows and pre-produced features. • METRO

1814 battle to be re-enacted

LONGWOOD. Take a step

back in time to 1814 this weekend as the Upper Thames Renactment Society presents the Battle of Longwoods at Longwoods Road Conservation Area.

There will be re-enactors in period costume and battle reenactments each day at 3:30 p.m. Saturday and 2:30 p.m. Sunday. Admission is \$5. For more information visit royal-scots.com. @ METRO

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SMILING JACK

Jack's grin has rivals pouncing

Something about Jack Layton's smile has his rivals grinding their teeth.

First Stephen Harper and now Michael Ignatieff have accused the NDP chief of being all grin and no gravitas.

Ignatieff told a rally in

Quebec City Thursday that Layton's policies don't pass muster. "He has a lovely smile," Ignatieff said. "But no one has put Mr. Layton under a microscope.'

At a rally in St. Catharines, Ont., this week, Harper brought up the 1970s when the Liberals and NDP joined forces in Ontario to form a coalition government and unseat the Progressive Conservatives.

THE CANADIAN PRESS

NDP - suddenly rich and popular?

The NDP bank account is enjoying a surge along with the party's rise in the polls.

Figures show the party has raked in \$2.5 million in donations since the writ was dropped March 26.

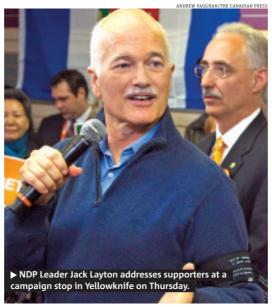
That exceeds the \$2.1 million the NDP pulled in over the course of the entire 2008 campaign.

On Tuesday, the party

netted \$100,000 in online donations alone. That was on top of \$250,000 collected over the holiday weekend. THE CANADIAN PRESS

> ,100 Campaign officials say the number of donors offering \$1,100 or more has doubled in recent weeks.

Quebec, women cause shift: Poll



Tories have five-point lead on NDP **○** Liberals stay strong in Ontario



A new poll suggests the high-flying NDP have indeed soared past the Liberals and closed in on the Conservatives.

The Canadian Press Harris-Decima survey puts Jack Layton's party solidly in second place, just five percentage points behind the Tories.

The Conservatives are at 35 per cent support nationally, with the NDP at 30 per cent and the Liberals at 22

The results indicate the New Democrats have dou-

bled their support since the campaign began late last month — thanks mainly to huge gains among Quebecers and women voters.

The poll has the NDP with a 20-point lead over the Bloc Québécois and leading the Conservatives by one point among female respondents.

THE CANADIAN PRESS

Ontario remains a rare bright spot for the Liberals — they are supported by 34 per cent of respondents.

Syrian's invitation rescinded, but still no room for Tony Blair

Global politics trumped ceremonial protocol Thursday, as Britain revoked a royal wedding invitation to the Syrian ambassador because of violent government attacks on protesters there.

But critics continued to

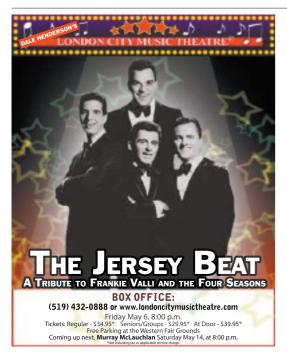
ask why the guest list had room for despots while former British prime minis-Gordon Brown and Tony Blair, both from the Labour Party, were left out, while their Conservative counterparts John Major



Margaret Thatcher were. Thatcher declined due to poor health.

Human rights groups had criticized the decision to invite Syrian Ambassador Sami Khiyami to Prince William and Kate Middleton's nuptials at Westminster Abbey on Friday. More than 450 people have been killed since mid-March in the uprising against Syrian President Bashar Assad's authoritarian regime.

THE ASSOCIATED PRESS







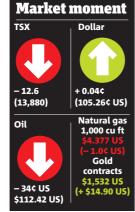
Canadians like to watch online

▶ Internet video consumption surged by 37 per cent in past six months ◆ Netflix likely to boost numbers

Canadians are the world's most voracious consumers of online video, viewing far more videos, for far longer, than web surfers in other countries, measurement firm comScore reports.

Last month alone, 22.5 million unique Canadian users watched 5.6 billion online videos for 388 million hours of viewing. That averages out to about 251 videos per user and 17.2 hours of viewing.

And those numbers don't account for video streaming through Netflix, which launched in Canada in late September and has amassed 800,000 paying customers.



According to com-Score's data for March, about 90 per cent of Canadian Internet users watched some online video last month, compared to 81 per cent in the U.K., 83 per cent in France and 84 per cent in Germany and the United States.

Web users ages two through 24 were extremely engaged, with 94 per cent having watched some online video. Users over 65 were less likely to have watched online video but by only a few percentage points, at 86 per cent.

ComScore spokesman Andres Palmiter said Friday's royal wedding could turn more web surfers into regular online video watchers.

THE CANADIAN PRESS



Now that's a window of opportunity

She's walked the major catwalks of the world. Now Gisele Bundchen is taking a role in the design side of the fashion business with the launch on Thursday of her self-named clothing line. With an income of an estimated \$33 million US in 2007, she was named the world's top-earning model by Forbes magazine.

Crack repaired in Trans Mountain line

Crude oil is once again flowing through the Trans Mountain pipeline from Alberta to Burnaby, B.C., and Washington State. The line, which can carry up to

300,000 barrels per day, was shut down because of a crack, **THE CANADIAN PRESS**

A Friendster in need of a makeover indeed

Faded social networking site Friendster will soon delete nearly a decade's worth of user photos, blog entries and other data in a revamp to set it apart from Facebook, company officials said on Thursday.

The overhaul is meant to help Friendster regain a semblance of online relevance after being out-muscled by Facebook, which boasts about 600 million active users. Friendster has accumulated at least 115 million registered members since 2002, but only about 40 million have valid emails and fewer still are active users.

Friendster emailed its members over the past week to inform them to save their pictures, profile information, messages and blog posts on other sites by May 31, said Nor Badron, a company spokesman in Singapore.

"This is an evolution of the site to push the bound-



aries of our business," Nor said. "It's not about direct competition with Facebook. Whoever wants to compete with Facebook would be crazy."

It's the biggest change to Friendster since Malaysian tycoon Vincent Tan's online payment systems company MOL Global purchased the site in late 2009. Tan's businesses include retail franchises in Southeast Asia such as Starbucks and 7-Eleven. The ASSOCIATED PRESS

Buddy system

- In June, Friendster will launch services that are not provided by Facebook, focusing on a new platform for social interaction in gaming, music, entertainment and online shopping.
- Friendster members can cultivate alternative identities different from their real-life ones.
- At least 80 role-playing, card, puzzle and strategy games will be available.
- ► Though membership is free, subscribers will be charged for value-added features such as "virtual gifts" and enhancements for individual accounts.
- ► The biggest number of Friendster users are in the Philippines, the United States, Malaysia, Indonesia and Britain.



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TELEVISION'S SENSORY OVERLOAD

THE METRO LIST MIKE BENHAIM

This week, the 3 Rs: Royalty, religion and reality TV

Vocal eyes: I took a slight interest in the debut of The Voice this week. Now I have ignit-

ed the curiosity that will dictate my whereabouts every Tuesday night for the rest of the season. Damn you, Christina Aguilera!

Sensory overload: So here's my new schedule: Monday night is Dancing With The Stars, but I

have to tune in Tuesday for the results, right before watching The Voice. Wednesday is American Idol, which has its results air Thursday. During commercials, I check the NHL and NBA playoffs, but under extreme pressure (from my wife) to return quickly for fear of missing one of Bruno Tonioli's golden metaphors that may or may not pertain to dance. To add to my frustration, Rogers' digital PVR does not allow us to record more than two shows at once, and you have to be watching one of them! I CAN'T TAKE THIS PRESSURE! Thank God it's Friday.

NBA playoffs: Hey, remember when Canada had two NBA teams? Well, the Vancouver Grizzlies are now in Memphis (and retained the name Grizzlies, which makes no sense, although they may have a grizzly at the Memphis Zoo). The Grizzlies have surprised everyone by going toe-to-toe with the best team in the west, the San Antonio Spurs. Can we have them back now, please?

NHL playoffs: My impression of Habs fans this week: "Oh yeah! ... Yes! ... What? Noo!! Wait ... maybe ... Nope. Go Canucks!"
Royal wedding: Earlier this week, I saw a show called A Royal Wedding on TLC, where I watched experts speak for 15 minutes about the makings of the "royal cake" for the upcoming royal nuptials. I then proceeded to the royal biker bar to get someone to royally punch me in the head.

Miss Fortune: Lindsay Lohan did some time again last week for the jewelry theft that violated her 2007 probation for drunk driving. She was sentenced to 120 days in jail and 480 hours community service, but was released on bail pending an appeal. Her parents were not present since they had tickets to see Charlie Sheen's Torpedo Of Truth show.

"So let it be written": Ask anyone who their favourite Bible hero is and Moses and Jesus come a close second to Charlton Heston. Easter weekend is his "royalties Super Bowl" with repeated broadcasts of The Ten Commandments and The Greatest Story Ever Told. It's hard to resist such profound biblical dialogue.

"... to be stripped of spirit, and hope, and strength, only because they are of another race, another creed ... If there is a God, he did not mean this to be so."

It reminds me of a classic George Carlin routine where he offers clarification of the following commandment:

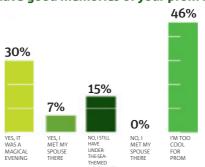
"Thou shalt try real hard not to kill anyone, unless, of course, they pray to a different invisible avenger than the one you pray to."

Good night. I'll be here all weekend.



Register at metrolifepanel.ca and take the quick poll

Disney's Prom premieres Friday. Do you have good memories of your prom night?



Local tweets



• @ama_ rie: 19 yrs ago i started my "summer job"

in public service at the City of #Ldnont — it was supposed to be 15 weeks only

- @jenniferaking: I'm looking for a motivational/funny/entertaining speaker for an evening event. Any recommendations? #ldnont
- @sohaes: Almost broke umbrella 2 during the full 45 seconds I was outside. #ldnont
- @DylanDonovan: it must be the end of exams because #uwo is dead and I actually

- found a seat at #weldon.
 Can't wait to be done!
- @StJohn_N: Sad to see a huge evergreen tree topsided in Victoria Park across from Centennial Hall. I knew it was windy but geesh. #Idnont
- @johnmorris_: Now packing away my 2nd year #UWO experience. #Sophing, #VPPing, and epic times with friends ... All in boxes. I'll miss you, @DelawareHall.
- ▶ @MegRadford: The #UWO campus is eerily quiet ... wind, birds, and the sound of students giving up their freedom as they climb into parents' minivans.

Worth mentioning

ATHENS. The World Health Organization will give Greek Prime Minister George Papandreou a World No Tobacco Day award for passing anti-smoking legislation in Greece — a country where the new smoking ban is largely ignored.

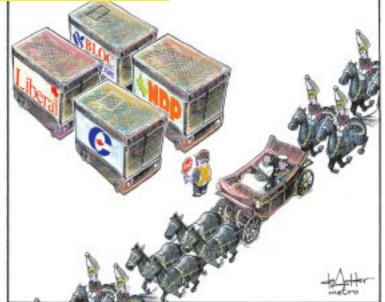
Papandreou's government introduced the ban last September, outlawing smoking in enclosed public areas in the third attempt by Greek authorities to crack down on smoking in recent years.

Those caught violating the new law face fines of between \$74 US and \$740, while businesses can be fined between \$740 and about \$14,800.

But the ban is openly flouted, and people light up freely in bars, cafés and restaurants. Even some public offices are not immune in a country where, according to a European Commission survey published in 2009, 42 per cent of people older than the age of 15 smoke.

WHO spokesman Timothy O'Leary said Thursday the award was one of 36 given out each year. THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

These thieves are extra slippery

No sticky fingers here. These pilferers probably have slippery digits

The increase in fuel prices has led to an increase in the number of used fryer grease rustlers roaming restaurant alleys in the United States, Reuters reports.

The grease is cleaned and sold for use as biofuel, livestock feed and other products.

An Omaha recycler has filed theft reports with police in Omaha and Lincoln in Nebraska, and Sioux City, Iowa

Grease thefts have spiked whenever fuel prices skyrocketed during the last four years and this spring is no different, according to Tom Cook, president of the U.S. National Renderers Association

Processed fryer oil is not trash. It is called yellow grease and traded. Its value is driven by higher prices of gas and ethanol.

"The price (of yellow grease) is real good right now," Cook said. "And those who steal it are really getting a good deal because they're not paying for it."

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Reel Guys

RICHARD CROUSE & MARK BRESLIN

SCENE@METRONEWS.CA



A predicatable Prom

▶ Richard Crouse and Mark Breslin debate the merits of Prom ▶ Teen movie fails to bring anything new, funny or interesting to the big dance

Richard Crouse: Mark, first of thanks for the corsage. It was perfect for the Prom screening, and how did you know aqua carnations are my favourite? As for the movie itself, I know it is meant for teens and we're somewhat older than the target audience, but really, I think there is a case to be made to bring the filmmakers up on charges of elder abuse for making us sit through this tedious exercise in youth entertainment. What did you think? Mark Breslin: Richard, I would have hated this movie even when I was a teen. My objection is not that it was for teenagers, but that it was made for and uncritical stupid teenagers. There have been lots of smart, sly high school movies: Heathers,

Plot synopsis

Nova Prescott (Aimee Teegarden) is an overachieving senior and head of the prom committee. After spending weeks working on decorations for the big night a mysterious fire re-

Mean Girls, Jawbreaker, Easy A. This is NOT one of them. Except for the incredible plot twist revealed halfway through the picture, there would be no reason to see it.

RC: Incredible plot twist? I just saw it and have no idea what you mean. This is as "by the book" as it gets. Anyone who doesn't know how this is going to end by the time the opening credits have played has never

duces her hard work to ash. Will the prom go on? Will school rebel Jesse Richter (Thomas McDonell) actually turn out to be a good guy? Will anyone care by the time the credits roll?

seen a movie before. Predictable in the extreme, even the stuff this kind of movie usually gets right, like the comic relief, doesn't bring any relief.

MB: The plot twist is this: One of the girls gets accepted to Parsons School of Design for the following semester, but the letter is clearly dated 2015. That means the entire movie is taking place four years into the future, during which

time a group of orthodontists from outer space colonize a high school and replace the students with insipid, dweeby versions of themselves, giving them all perfect teeth in the process. Diabolical! Then they turn the males into '80s teen star clones of Ralph Macchio, Keanu Reeves, John Cusack, etc. Diabolical, I say!

RC: Ha! The only truly diabolical thing about this movie is the script, which makes the old Afternoon Specials seem like Chekov. The characters all seem borrowed from The Breakfast Club only without the special touch that John Hughes brought to his movies. MB: And I've never seen a bad boy roll over so fast. I don't think a principal can order a student to do extracurricular work.







Jason Sudeikis will host the 20th annual MTV Movie Awards.

The Saturday Night Live cast member will host the June 5 show. The awards will take place at the Gibson Amphitheatre in Universal City, Calif., and air live on MTV.

MTV President Stephen Friedman says in a statement that "smart and funny is the new rock 'n' roll" for the network's audience, and that Sudeikis fits

combination.

The 35-yearold Sudeikis is in his sixth season on NBC's SNL. He co-stars in the upcoming comedy Horrible Bosses.

THE ASSOCIATED PRESS

20th anniversary with Eminem, Foo Fighters, Coldplay, Muse





Goodwin tackles an unsympathetic role



In taking on the lead role of Rachel in Something Borrowed, actress Ginnifer Goodwin found a whole new challenge: making a character sympathetic when you just want to give her a good slap. In the film, Rachel finally makes a move on the man she's loved for years, despite the fact that he's engaged to her best friend (Kate Hudson). The Big Love star sat down with Metro to talk about playing a difficult character and longing to get back to her Shakespearean roots.

What was the draw for you for this character?

I was actually inspired by the challenge of making her sympathetic because, on paper, I don't agree with any of her decisions. I was inspired by the fact that I judge her so harshly, and I wanted to tackle my fears about playing her. I took the part because I wanted to understand girls like her, women like her.

Did your opinion of her change after playing her?

I feel that I can be more sympathetic, though I may not be able to fully say I empathize with her in any way. Ultimately she just makes so many choices that are off of my own moral compass. On paper she's the antagonist, if you step back.

What advice would you give Rachel if you were her friend?

Oh my gosh. "Grow some balls, lady." I mean, it's a difficult situation for Rachel because she's always looked for her selfworth in the attention that she receives from other people. Ultimately I would say to her — but she's not ready for this at the top of the movie — you know, ask for what you want. The worst thing that can hap-

tt she's not the top of la know, ask want. The to can hap-

► Ginnifer Goodwin stars in Something Borrowed, which opens in theatres next Friday.

d How was filming in New York? e That was just magical, get-

ting to shoot all over New York City and the Hamptons. I was really impressed by the Shake Shack people because they refused to shut down for filming. They wouldn't take the studio's money and shut down for us, and I really respected that, that they were that loyal to their customers. So all the people in that line were actual customers. And I just loved being outside on the streets, despite the terrible imposition that was actually debilitating work of the paparazzi on the streets of New York, because truly they held up production.

You have a lot of Shakespeare in your background. Do you have any plans to do more?

Oh, I'd kill to do anything that anyone would let me do. I mean, Shakespeare is my first love and my introduction, really, to theatre. I would do anything to be back on stage performing Shakespeare plays.

Have you had trouble finding time in your schedule for things like that?

That is a consideration, but also I think it's just being taken seriously by the people who put on those kinds of plays can become difficult when you do a lot of film and television. No matter what my training — and I understand why — I think that there's an inherent sort of snobbery there that I respect.



Movie reviews

See it twice ����� | See it now ���� | Worth watching ��� | Yawn �� | Don't bother �

Fast Five is ridiculous, but exciting

Fast Five Genre: Action Director: Justin Lin Stars: Vin Diesel, Paul Walker,

Dwayne Johnson ●●½ In any conventional sense

In any conventional sense, Fast Five is a bad movie. The dialogue is laughable, the plot ridiculous, and the



acting is over-the-top. Yet, those qualities are part of what people love about cheesy action movies — and Fast Five definitely delivers for that audience.

The whole thing is ludicrous, but hilariously so and most importantly it never winks at the camera. This is earnest cheese and all the funnier for it. The series' characters are now inexplicably high stakes professional thieves and the movie reunites them for "one last job" with a perpetually greased up and pissed off The Rock in pursuit for the FBI.

519.672.8800

grandtheatre.com

Within seconds a bus is flipped and from that point on barely a minute passes without a scene involving a fast car, a scantily clad lady, a gun, an explosion, a oneliner, or all five. It's all big dumb fun paced for the ADD crowd and would be easy to mock were it not so entertaining. The action defies physics and logic and the script sounds like it was written by a monkey, but every scene is either unintentionally hilarious or genuinely exciting. If you have a taste for highoctane trash, Fast Five offers your drug of choice.

PHIL BROWN



Hoodwinked Too! Hood vs. Evil Genre: Animation Director: Mike Disa Stars: Hayden Panettiere, Glenn Close

In the fairy-tale spoof Hoodwinked Too!, Little Red Riding Hood (Hayden Panettiere) returns as a covert operative assigned to rescue kidnap victims Hansel and Gretel. Where the 2004 original suffered from cut-rate animation. the sequel clearly compensates — it's in 3-D even! However, in spite of cheeky, rapid-fire, popculture laced dialogue, the story lacks depth. STEVE GOW

THESE PAGES COVER MOVIE START TIMES FROM FRI., APR. 29 TO THURS., MAY 5, TIMES ARE SUBJECT TO CHANGE, COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Mustang Drive-In -London 2551 Wilton Grove Rd., 519-644-1160

The Adjustment Bureau (PG) Fri-Sun The Adjustment Bureau (FG) Fri-Sun 10:50 Tue 10:50 Thu 10:50 Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 10:35 Thu 10:35 Fast Five (FG) Fri-Sun 8:40 Tue 8:40 Thu 8:40 Rio (G) Fri-Sun 8:45 Tue 8:45 10:05

Hyland Cinema 240 Wharncliffe Road South, 519-913-0313

The Breakfast Club (STC) Fri 11:10 The Illusionist (G) Sat-Sun 4:50 Mon 12:50

Jane Eyre (PG) Fri 12:50-4:50-8:50 Sat 12:50-7 Sun 2:40-6:50 Mon 4:40-9 Tue 2:50-7 Wed 12:50-5-9 Thu 2:50 West Is West (14A) Fri 3-7 Sat 3-9:10 Sun

12:50-9 Mon 2:50-7 Tue 1-9:10 Wed 3-7:10 Thu

Rainbow Cinemas London 355 Wellington St., 519-434-3073

African Cats (STC) Fri-Thu 1:10-3:25-5:30-

7:35-9:40 Fast Five (PG) Fri-Thu 1:15-4-7-9:45 Hoodwinked Too! Hood vs. Evil 3D

(G) Fri-Thu 1:3-5-7:10-9:15 **Hop** (G) Fri-Sat 1:05-3:20-5:25-7:25 Sun-Thu 1:05-3:20-5:25-7:25-9:30 **Prom** (PG) Fri-Thu 1:20-3:40-7:05-9:25

Rio (G) Fri-Thu 12:55-3:10-5:20-7:30-9:35 **Water for Elephants** (PG) Fri-Wed 12:50-3:45-7:15-9:45 Thu 3:45-7:15-9:45 Thu 1

Western Film Room 340, UCC Building, The Lincoln Lawyer (14A) Fri-Thu 7 Paul (14A) Fri-Thu 9:25

Wellington 8 Cinemas

983 Wellington Rd. S, 519-685-2529

Fast Five (PG) No Passes Fri 6:40-7-9:40-10 No Passes Sat-Sun 12:30-1-3:30-4-6:40-7-9:40-10 No Passes Mon-Thu 6:40-7-9:40-10 Hoodwinked Too! Hood vs. Evil (G)

Fri 6:50-9:10 Sat-Sun 1:10-3:40-6:50-9:10 Mon-Thu 6:50-9:10 **Hop** (G) Fri 6:30-9 Sat-Sun 12:50-3:20-6:30-9 Mon-Thu 6:30-9

Prom (PG) Fri 7:20-9:55 Sat-Sun 1:20-4:20-7:20-9:55 Mon-Thu 7:20-9:55 **Rio 3D** (G) Fri 7:10-9:35 Sat-Sun 1:30-4:10-7:10-9:35 Mon-Thu 7:10-9:35

Soul Surfer (PG) Fri 7:15-9:45 Sat-Sun 1:40-

4:15-7:15-9:45 Mon-Thu 7:15-9:45 **Water for Elephants** (PG) Fri 6:45-9:30 8:10-9:30 Mon-Thu 6:45-9:30 Mon-Thu 6:45-9:30

Cineplex Odeon Westmount & VIP Cinemas

755 Wonderland Road South, 519-474-2796

Fast Five (PG) No Passes Fri 3:30-3:55-6:30-7-9:35-10:10 No Passes Sat 12:30-1-3:30-4-6:30-7-9:35-10:10 No Passes Sun

0:30-79:35-10:05, NO Passes Wed-Ind 0:30-9:35-10:05, NO Passes Fri 3:50-6:50-9:50 NO Passes Sun 12:50-3:50-6:50-9:45 NO Passes Mon 6:50-9:45, NO Passes Tue 3:50-6:50-9:45 NO Passes Wed-Thu 6:50-9:45

Hanna (PG) Fri 4:20-7:20-10:15 Sat 1:20 4:20-7;20-10:15 Sun 1:20-4;20-7;15-10:10 Mon 7:15-10:10 Tue 4:20-7:15-10:10 Wed-Thu 7:15-10:10 Star & Strollers Screening Wed 1 Hop (G) Fri 3:40-6:40-9:15 Sat-Sun 12:40-3:40-6:40-9:15 Mon 6:40-9:15 Tue 3:40-6:40-9:15 Wed-Thu 6:40-9:15

9:15 Wed-Inu 6:40-9:15 Limitles (14A) Fri 4:40-7:35-10:20 Sat 1:40-4:40-7:35-10:20 Sun 1:40-4:40-7:30-10:15 Mon 7:30-10:15 Tue 4:40-7:30-10:15 Wed-Thu 7:30-10:15 Fri 4:157:20-10:15 4:35-7:20-10:15 Sun 1:20-4:20-7:20-10:10 Mon 7:20-10:10 Tue 4:20-7:20-10:10 Wed 10:10 Thu 7:20-10:10 Star & Strollers Screen ing Wed 1

Memphis (STC) Wed 7

The Metropolitan Opera: II Trova-tore (STC) Sat 1 Sat 1 Rio 3D (G) Fri 4:10-7:10-9:45 Sat 1:10-4:10 7:10-9:45 Sun 1:10-4:10-7:10-9:40 Mon 7:10 9:40 Tue 4:10-7:10-9:40 Wed-Thu 7:10-9:40 Source Code (PG) Fri 4:30-7:30-10 Sat 4:35-7:30-10 Sun 1:30-4:30-7:25-9:50 Mon 7:25-9:50 Tue 4:30-7:25-9:50 Wed-Thu 7:25

Water for Elephants (PG) No Passes Fri 3:50-6:50-9:50 No Passes Sat 12:50-3:50-6:50-9:50 No Passes Sun 12:50-3:50-6:50 0:50-9:50 NO FASSES SUII 12:50-3:50-0:50-9:45 NO Passes Mon 6:50-9:45 NO Passes Tue 3:50-6:50-9:45 NO Passes Wed-Thu 6:50-9:45 NO Passes Fri 3:30-6:30-9:20 NO Passes Sat-Sun 12:30-3:30-6:30-9:20 NO Passes Mon 6:30-9:20 No Passes Tue 3:30-6:30-9:20 No Passes Wed-Thu 6:30-9:20

SilverCity London 1680 Richmond St, 519-673-4125

African Cats (STC) Fried v4:40-7:15-9:40 Wed 4:40-7:15-9:40 Thu 1-4:40-7:15-9:40 Star & Strollers Screening Wed 1 Fast Five (PG) No Passes Fri-Shu 12:30-3:40-7:10-10:30 No Passes Fri-Shu 12-3:10-6:40-10

No Passes Mon-Thu 1-4:30-8 Hoodwinked Too! Hood vs. Evil 3D

(G) Fri-Sun 12:10-2:40-5:10-7:40-10:10 Mon-Wed 1:05-4:05-6:55-9:25 Thu 1:05-4:05-6:55-

Hop (G) Fri-Thu 1:10-3:50-6:35-9:10 Limitless (14A) Fri-Sat 7:20-10:05 Sun 10:05 Mon-Thu 7:20-10:05 **Memphis** (STC) Wed 7

The Metropolitan Opera: II Trova-tore (STC) Sat 1

Prom (PG) No Passes Fri-Thu 1:15-4-7-10:15 **Rio** (G) Fri-Sat 12:50-3:35 Sun 12:50-4:35 Mon-Thu 12:50-3:35

Rio 3D (G) Fri-Thu 1:20-4:10-6:50-9:30 Scream 4 (14A) Fri 1:40-4:50-7:30-10:25 Sat 4:50-7:40-10:25 Sun 1:40-4:50-7:30 Mon-Tue 1:40-4:50-7:30-10:25 Wed 12:55-3:45-10:25 Thu 1:40-4:50-7:30-10:25

Soul Surfer (PG) Fri-Sun 12:20-3:20-6:30-9:20 Mon-Tue 12:35-3:20-6:30-9:20 Wed 3:20-6:30-9:20 Thu 12:35-3:20-6:30-9:20 Star & Strollers Screening Wed 1

Source Code (PG) Fri-Thu 1:30-4:15-7:05-

Thor 3D (PG) No Passes Thu 12:01 Water for Elephants (PG) No Passes Fri-Thu 12:40-3:30-6:45-9:50

WWE Extreme Rules - 2011 (STC) Sun 8

More than a pretty face

Rob Lowe's new book, Stories I Only Tell My Friends, is turning heads



ROBINSON

You can't tell by looking at his nearly flawless mug, Rob Lowe has crammed a lot of living in his 47 years. In his surprisingly candid, smart new memoir, Stories I Only Tell My Friends, Lowe recounts what it took to be in the public eye for more than 30 years.

From the Brat Pack, to the sex tape, rehab, the epic film flops, and newfound fame with The West Wing and Parks and Recreation, Lowe proves that he's more than a pretty face - he's a survivor (and a pretty deft writer.)

Isn't 47 too young to be writing a memoir?

I looked at (this process of writing) as a reader. I'm an avid reader of autobiographies. I love them. And I especially love them when they're still in the middle of the action because it feels vital and relevant. But the real reason I'm writing it now is because my children are both around the same age I was when I became famous. When I see them, I see myself and it brings up a lot.

Is there anything you wanted to clear up?

No! There's that whole cottage industry of score settling or the big reveal. I'm not into those things. I hate those books. I hate them. (Laughs). I sound like an old man.

Your teenage years in California sounds almost made up



- especially how you just fell into running around with Charlie Sheen, Emilio Estevez, **Chris and Sean Penn before** any of you were famous.

The mid '70s and mid '80s was an extraordinary time in Malibu - I almost have survivor's guilt about it. When I run into Sean Penn now, after we do our pleasantries, it invariably turns to, "Dude, did you remember that guy? Am I crazy or did this happen?" We sort of share notes. You can't believe what went on.

If you were incredibly ugly instead of incredibly handsome, do you think you'd still be an actor?

(Laughs). Absolutely. The only reason I wanted to be an actor was that I responded to the process of acting. It's that whole cliched thing of the relationship between the actor and the audience.

Rob Lowe



Stories I Only Tell My Friends is sure to open some eyes about Rob

Best section The Outsiders section of the book - and it is substantive — is perhaps the most captivating. Lowe describes not only the grueling casting process — "a public cattle call with every important, young working actor in the universe" - but also

the shooting of the film. The hours were demanding, the work was exhausting and staying in character was encouraged. The Socials and The Greasers lived on separate floors of the hotel, with the former in suites with free room service and the latter sharing modest rooms with twin beds.

▶ What's Tai Chi? On the set of the 1983 film The Outsiders, director Francis Ford Coppola tells the young cast that they're going to begin their days with a half-hour of tai chi "I don't know what tai chi is." Lowe writes. "I look around for a delivery man. Maybe it's some sort of Asian take-out — which would be great because I'm starvina."

THE ASSOCIATED PRESS







GUIDE TO UN-GOOGLE-ABLE BANDS

SOUND **CHFCK**



ALAN CROSS @METRONEWS.CA

If you want to know more about a new band, the first step is to search them out on Google. Most of the time, you find what you're looking for. But then there are those bands whose names can either break you or Google.

Names Consisting of Some **Common Word**

Before Google's algorithm had figured out that The National was a well-regarded American band, it

deposited you in Peter Mansbridge's lap. Hint: When searching for a band that uses a dreadfully common word, end the search query with (band). It even works with something as awkward as The The (band).

Bands who insist on using punctuation marks instead of words

Think Prince's old unpronounceable made-up typographical symbol was tough?

It gets worse.

There's an excellent American indie band which insists on identifying itself with three exclamation marks, as in !!!. Unless you know that the preferred pronunciation of it is Chk Chk Chk (a search that Google will accept), you'll give any search engine a nervous breakdown.

Names that resemble glyphs, runes, random symbols and assorted wingdings

Mater Suspiria is a strange European entity that features a member named $\Im \ge > \lozenge < \subseteq \Re$. That must be a blast around driver's license renewal time. Don't break Google by entering name; back-door that things by going straight for Mater Suspiria.

Names that look like logos scribbled in the back of a high school notebook

A gold star to anyone who can pronounce GL▲SS †33†H. Look carefully. Did you see Glass Teeth? Score! What about twYIY<ght>ZoNe? Twilight Zone, obviously - but unless you spell it just so, you'll be sent off into Rod Serling land. Then there's PWIN ↑ ↑ TEAKS, a band in the "witch house" genre (don't ask) disambiguating Twin Peaks.

Names that are just hopeless The harder I tried searching for †‡†, the more neurotic Google became.

The best I can gather is they chose that name so they could remain hidden to all but the most faithful. In the end, it was one big

ROUTE SCHEDULE CHANGES EFFECTIVE MAY 1, 2011

SPRING SCHEDULE CHANGES

13 Wellington 6 Richmond 27 Fanshawe 33 Proudfoot

govisa.com

MINOR CHANGES REFLECTING NEW GARAGE ROUTING

4 Oxford East 5 Springbank 9 Whitehills 8 Riverside 12 Wharncliffe 15 Westmount 20 Cherryhill 21 Huron Heights 26 Jaina 28 Lambeth





Murder and dirty politics

• Eric Ladin dishes on his role as campaign manager in AMC's The Killing



After the success of Mad Men, Breaking Bad and The Walking Dead, it seemed like AMC could do no wrong, so there was a great deal of pressure on its newest series The Killing. But after just five episodes it seems AMC has another hit, both with the critics and the viewers.

For those who have not jumped on yet, The Killing follows the investigation of the murder of a teenage girl through the eyes of the police, the victim's family and the municipal election campaign.

Actor Eric Ladin, who is no stranger to quality cable dramas after his stints on Mad Men and Big Love, plays Jamie Wright, the campaign manager of Seattle mayoral hopeful Darren Richmond (Billy Campbell).

Ladin spoke to Metro while in Vancouver shooting the last few episodes of the first season.

"Jamie and Darren have quite a bit of history to-gether," Ladin said. "The

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TV picks

relationship can be a little bit precarious for Jamie because of that history. He has to be honest and blunt with Darren even through they are friends."

In the most recent episode Jamie got to show off some of his dirtier political skills by infiltrating his opponent's camp to find a mole in the Richmond campaign. Ladin said that he read several books written by political operatives and campaign managers as research for the role. He even spoke to some of the authors to get more insight.

"There was one operative that I did mold the character after but it's a name that I would rather not say, only because I'm not sure he would be OK with the comparison,' Ladin said, adding that he watched plenty of The West Wing as well.

The murder investigation that is at the heart of The Killing is tied to the Richmond campaign because the body of the victim was found in a stolen campaign car. Ladin admits that Jamie sees the investigation "as a pain in his ass," but he is smart enough to use it to his advantage.

"Jamie is so good at taking a situation that is a negative or a death blow to a campaign ... and spinning it back against the other side," he said.

The Killing airs Sundays on AMC at 10 p.m EST. To catch up on earlier episodes go to amctv.com.



tommy live in canada

Don't miss Irish superstar Tommy Tiernan live across Canada this sprina!

"Bright, original and refreshingly funny!"

- New York Times -

Catch the first **Twilight flick**

fix all day long WEDDING. Royal wedding enthusiasts won't have to leave the couch all day today as numerous networks provide a full slate of programs related to Prince William and Kate Middleton's nuptials at Westminster Abbey. MOVIE. Catch the Evening specials on the beginnings of another newlyweds air on all the power couple, Kristen major channels, includ-

Dive into the **Shark Tank**

ing CTV, Citytv, Global,

A, ABC, NBC and CBS.

REALITY. If you're wedding-weary, check out a new episode of Shark Tank, in which a fiery entrepreneur presents her line of luxury maternity gowns and a Southern belle pitches

her homemade cakes. (Friday, A)

Stewart and Robert Pattinson, in the first Twilight film. Based on Stephenie Meyer's bestselling book series, the B.C.-shot drama stars Stewart as Bella Swan, who falls for a handsome vampire named Edward (Pattinson) when she moves to Forks, Wash. Many say this was the film that sparked the stars' real-life romance. (Saturday, Cityty) THE CANADIAN PRESS

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For more information, go to: hahaha.com/tommytiernan tommytiernan.com





HAHAHA.COM/TOMMYTIERNAN

Lindsay Lohan: Acting teacher

• Will teach homeless women as part of her court-ordered community service

Lindsay Lohan may end up spending much of her 360 hours of community service teaching acting to homeless women, according to TMZ. The troubled starlet is set to work at L.A.'s Downtown Women's Center, which also happens to run a theatre workshop.

A spokesperson for the centre said the staff were "extremely interested in having Lindsay contribute her talents."

And according to sources, Lohan herself is up

Has Donald trumped himself?

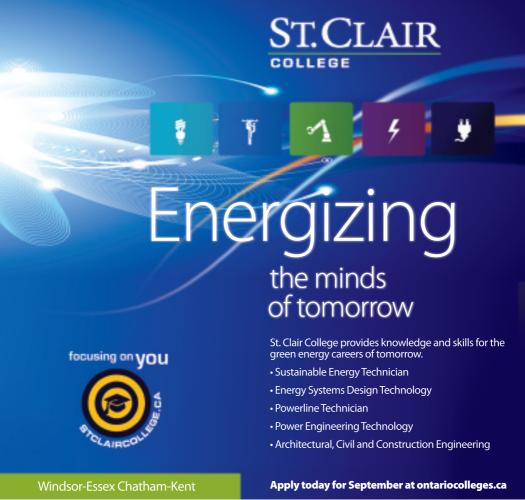


Donald Trump may be proud of himself for being a vocal part of getting Barack Obama to produce his birth certificate, but the stunt may actually be bad for the Apprentice boss.

"Attacking stars like Rosie O'Donnell or Martha Stewart is one thing, but to go after the president is taking Donald down a path that's going to do long term damage to his brand," a TV insider tells Popeater. "For a guy with a show on NBC in prime time that needs celebrities to sign up in order for it to be a success, this is potential suicide."



for the idea, believing the fect fit for her community workshop would be "a perservice." METRO



Jessica sets the wedding date

Jessica Simpson may not be able to decide on a dress for her upcoming wedding, but at least she knows cidentally revealed during an inter-

what to wear! I don't know if I want the big boom, or the curvy thing, but it will be something beautiful,'

Simpson says. "I kind of have a couple ideas in my head, and I have a

worry too much about getting into

'No exercise is fun! I am going to dance around my bedroom and hopefully lose some weight."

Celebrity tweets



found Don- @SteveMartinToGo ald Trump's birth certificate. He was born in Hawaii, but before it was a state. This is getting complicated."

@rickv martin

"Our prime purpose in this life is to help others. And if you can't

help them, at least don't hurt them."

@Joan_Rivers

"I just saw the guest list and the Royal Wedding will be jam-

packed with European nobility. It has more blue blood than a Smurf disaster

@SilverKSilverman



Not such a great idea

ROMANTIC. Justin Timberlake doesn't believe the idea that's the basis for his next movie. Friends with Benefits, is such a smart one. "It's a really good idea until it becomes a bad idea. It probably becomes a bad idea really fast," Timberlake tells Ellen DeGeneres during a visit to her talk show. "I think that everybody could probably agree with us when we say that if you're going to be intimate with someone at some point





date; I'm really excited!"

The singer is also trying to not

shape for the wedding:

metronews.ca

A toast to the future king and queen



Remembering how stressful my wedding planning was (at least for my wife), I can't imagine what it's like organizing the wedding of the century.

While you'd think it would have been enough to drive Wills and Kate to drink, rumour has it that today's "official" festivities are going to be lower alcohol affairs because they'll only be serving wine.

I'm not sure if they were concerned about some Harry-led shenanigans or if it was that guests holding pints of ale or cocktail glasses of gin and tonic at their reception wouldn't appear royal enough for the future king and queen of England.

Which wine they will be pouring has led to much speculation. Though my sources at the family-owned champagne house Pol Roger would neither confirm nor deny their participation, word has it that the Pol Roger Réserve Non-Vintage (\$55.95 - \$62.99) will be the exclusive bubbly of this big day.

Floral, lightly nutty and sophisticatedly citrusy the choice of Pol Roger makes so much sense because it was the tipple of choice of Win-

ston Churchill. I hope it's true. Prince William seems to get his sense of the future by reflecting on the past and Pol Roger is perfect REFLECT THE RANGE ACROSS CANADA. SOME PROD-UCTS MAY NOT BE AVAILABLE

Eat like the royals

○ Wondering what Will and Kate will eat on their first day as husband and wife? **○** Bubble and Squeak, and Scones are some British favourites





Traditionally, British cuisine means unfussy dishes made with local ingredients and simple sauces. Although it's recently expanded its reaches, some traditions still stand—like Bubble and Squeak for breakfast or afternoon tea and scones. These are two dishes that Will and Kate may enjoy on their first day as husband and

Bubble and Squeak

Named for the sound it makes while it's cooking, Bubble and Squeak is a breakfast hash of sorts designed to use leftovers from the previous nights' boiled dinners.

It generally is made from shredded boiled cabbage, mashed potatoes and whatever else is around.

Leftover meats could be shredded or chopped and thrown into the mixture, as well as carrots, onions and squash.

Our version assumes the vegetables are cooked, but if you don't have any leftover veggies, simply boil them until tender.

Preparation:

- In large non-stick skillet cook sausage over medium-high heat for 6 to 8 minutes or until well browned. Using slotted spoon, remove meat from pan and reserve.
- 2 Add onion to skillet and cook 6 or until translucent and beginning to brown. Add potatoes, cabbage and carrots, and reserved sausage meat. Mix and cook 15 minutes or until well browned, scraping the bottom of the pan occasionally and flipping the mixture over. Season with salt and pepper.

Ingredients:

- 1 lb (500 g) ground sausage meat
- 1 onion, chopped
- 3 baking potatoes,
- peeled, cooked and mashed • 1 cup (250 mL) shredded, cooked cabbage
- 1/2 cup (125 mL) chopped cooked carrots
- · Salt and pepper

Fruit and Chocolate Scones

Classic to afternoon teas, scones are commonly baked plain or studded with currants, then accompanied with jam and clotted cream, a thick, creamy spread.

You can make your version with any dried fruit, such as blueberries, cranberries or apricots. You also can add chopped nuts or chocolate chips.

Preparation:

- In large bowl, whisk together flour, sugar, baking powder and salt.
 Add melted butter and stir until well distributed. Add cream, sour cream and vanilla. Mix until almost combined, then add fruit and nuts and mix until just combined.
- 2 Turn dough out onto a lightly floured surface. Pat dough into a circle about 3/4 inch (2 cm)) thick and 10 inches (25 cm) round. Cut into 8 wedges and transfer

each wedge to parchment paper lined baking sheet. Refrigerate or freeze for 15 to 30 minutes or until well chilled.

Sprinkle tops of the scones with the coarse sugar, if using. Bake in 400 F (200 C) oven for 20 to 25 minutes. Let cool before serving.

THE ASSOCIATED PRESS/
RECIPES BY ALISON LADMAN

Ingredients:

- 2 3/4 cups (675 mL) allpurpose flour
- 1/3 cup (75 mL) granulated sugar
- 4 tsp (20 mL) baking powder
- 1/4 tsp (1 mL) salt
- 10 tbsp (150 mL) butter, melted
- 1 cup (250 mL) 35% whipping cream
- 1/4 cup (60 mL) sour cream
- 1 tsp (5 mL) vanilla extract
- 1 1/2 cups (375 mL dried fruit, nuts and/or chocolate
- Coarse sugar (optional)



Portion Control



Here are some tips to ensure you are eating proper portion sizes.

- Eat smaller meals throughout the day. It ensures you don't overeat in any one sitting.
- Stay away from high glycaemic foods like sugar. They leave you wanting more.
- When eating out, cut the plate of food in half. Eat half and take the rest to go.
- Clench your fist and eat only a portion size no greater than that of carbohydrates, proteins and vegetables on your plate. NEWS CANADA



Take small nibbles when biting into healthier habits.



Sedin may make Hart history

Vancouver Canucks leftwinger Daniel Sedin will go for an unprecedented family double at the NHL awards banquet June 22.

Sedin, former London Knights right-winger Corey Perry of the Anaheim Ducks and Tampa Bay Lightning right-winger Martin St. Louis were named finalists for the Hart Trophy on Corey Perry had a surge of 19 goals in his final 16 games that helped the Ducks make the playoffs and raised his total to a league-leading 50.

Thursday

Sedin's twin brother and linemate Henrik won the award last year. They could become the first brother tandem to win the NHL MVP in consecutive years.

"It's exciting for us," said Daniel Sedin. "We never expected any of us to be up there, to be mentioned with those kind of players. To do it back to back is obviously nice. But it's something to look back at after our caSedin had nothing but praise for Perry and St. Louis.

"They're both great players and mean a lot to their teams," he said.

Daniel Sedin led the league with 104 points (41 goals, 63 assists) this season to help the Canucks finish first in the NHL's overall standings. THE CANADIAN PRESS



Sports in brief



The Carolina Panthers selected Auburn quarterback Cam Newton with the No. 1 pick in the NFL draft.

The Toronto
Blue Jays sent
outfielder Travis
Snider to tripleA Las Vegas.

MLB is looking into rules White Sox manager Ozzie Guillen may have violated in using Twitter to make derogatory comments about an umpire.

THE ASSOCIATED PRESS

Small ball pays off

Tiebreaking bunt gives Jays first series win in three weeks

Corey Patterson dragged the ball into the perfect spot for the Toronto Blue Javs.

Patterson, who two days earlier took a big swing and homered on an 0-2 pitch at his shoulders, bunted home the tiebreaking run in the ninth inning Thursday as Toronto won 5-2 over the Texas Rangers.

"It definitely worked out for us. I wanted to put the bunt in the right location," Patterson said. "I would have been fine even if they would have thrown me out."

Darren Oliver (1-2) fielded the ball but nobody was covering the bag with first baseman Chris Davis charging.

"He bunted it into no man's land," the 40-year-old Oliver said.

Patterson got credit for a single and John McDonald scored from third.

"Safety squeeze. (Patterson) did an excellent job,"

5

JAYS

2

said manager John Farrell. "It's one of the things we

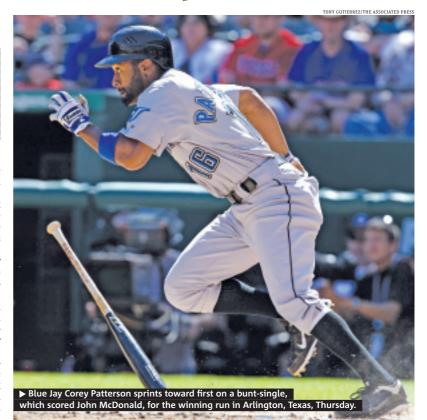
worked on extensively in spring training."

The Blue Jays, who took three of four games in the series, added two more runs thanks to two Texas errors on the same play.

Adam Lind homered for Toronto, his third of the series and fourth this sea-

Rangers starter Alexi Ogando struck out seven with three walks while allowing two runs and four hits over six innings.

Brandon Morrow, making his second start of the season for the Jays, struck out six in six innings with a walk and two earned runs. The ASSOCIATED PRESS



Chan skates to gold at worlds

Canada's Patrick Chan claimed his first world figure skating title and rewrote the record books in the process in Moscow yesterday.

The 20-year-old from Toronto swept all three world records, scoring 187.96 points for his long program for 280.98 points overall. Those marks came a day after he topped the previous world mark for the short program that gave him a virtually insurmountable lead.

THE CANADIAN PRESS



Sports in brief

Rays' Zobrist sets RBI record

MLB. Ben Zobrist set a Tampa Bay record with eight RBIs, on a home run and two doubles Thursday as the Rays routed the Minnesota Twins 15-3. He went 4-for-6 and scored twice. THE ASSOCIATED PRESS

Will Shaq be back vs. Heat?

NBA. Boston coach Doc Rivers said Shaquille O'Neal will "hopefully" join the team Friday for its final workout before Game 1 against the Miami Heat Sunday. He has played only five minutes 29 seconds since Feb. 1 due to right calf and Achilles tendon problems. THE ASSOCIATED PRESS



St-Pierre ready for anything in cage

• 'I consider Jake Shields like a champion,' GSP says of UFC 129 opponent

It appears UFC welterweight champion Georges (GSP) St-Pierre will have no problem if challenger Jake Shields enters the cage with a knife Saturday night.

Looking to have a little fun, the 29-year-old from Montreal showed off his self-defence techniques at a media workout Thursday.

His coach, Firas Zahabi, wearing a hoodie and sunglasses, simulated a knife attack on the champion in the cage. St-Pierre disarmed him with a few well-placed punches and kicks, before putting him down on the mat.

"It was fun. It was just

to amuse the crowd," a smiling St-Pierre told reporters afterwards.

He also showed off his fighting background with a karate kata series of moves.

St-Pierre (21-2) and Shields (26-4-1) will face off Saturday night before 55,000 at Toronto's Rogers Centre at UFC 129.

Shields, who has only fought once in the UFC, is on a 15-fight winning streak dating back to 2005.

St-Pierre has won his last eight and hasn't lost a round since August 2007.

"We're both dealing with issues," said the 32year-old Shields. "I'm dealing with being in hostile territory but he's dealing with just tremendous amounts of pressure right now, so I think it kind of evens out."

It's a matchup St-Pierre has been looking forward to for a long time.

"I don't dislike Jake. He's one of the fighters I admire the most, as a matter of fact. He's one of the guys that I've wanted to fight for a long time," he said. "As a real champion, I want to fight the best guy ... He's had five titles in different organizations, in different weight classes, which I have never done before. And I want to be the one to stop Jake Shields." THE CANADIAN PRESS

UFC 129 card

The main card will air exclusively on pay-per-view starting at 9 p.m. Saturday. Spike TV will air two free preliminary fights at 8 p.m.

- CDN Mark Bocek (9-3) vs.
 Ben Henderson(12-2)
- Randy Couture (19-10) vs. Lyoto Machida (16-2)
- Jason Brilz (18-3) vs. Vladimir Matyushenko (25-5)
- Featherweight championship
 Jose Aldo (18-1) vs.
 CDN Mark Hominick (19-8)
- Welterweight championship
 CDN Georges St-Pierre (21-2) vs. Jake Shields (26-4)

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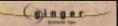


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DOUBLE ESTATES AUCTION

Selling at 10 AM in the Back Room:

This is a large interesting quality auction of antiques, collectables and decorator furnishings including the contents from a Tillsonburg residence and private collections...

Old furnishings as found, dining suite, modern sofa/loveseat, cedar chest, old out rumsnings as found, dning suite, modern sora/loveseat, cedar chest, out spinning wheel, walnut office desk and chair, quantity of early oil paintings, prints, frames, tin toys, books, primitives, glass, china, cornflower crystal, silverplate, Delta 16 inch scroll saw, tools etc.

Many very interesting lots...you won't want to miss this one!

Selling at approximately 12:30 in the Main Auction Room:

AUCTION FEATURES:

8 pc traditional dining suite (cherry finish), 9 pc carved Mission walnut dining suite, table and chair sets, several bedroom suites with queen size beds, pine showcase cabinet c.1890 (must be seen), walnut corner china cabinet, walnut sheet music cabinet, set of 8 Parsons chairs, mahogany leather top drum table, walnut foyer table, early walnut dropleaf table, leather sofa set, pair of leather armchairs with ottomans.

Collectables: 7 pc Meakin chamber set, brass scale and weights, oil lamps, Beswick horses, hand painted china, signed pottery, clocks including Pequegnat, leaded glass lamps and fixtures,prints including the Group of Seven. Jewellery: 14kt & 18kt gold diamond and gemstone jewellery.

See our website for photos and directions

13

16

38

40

Crossword

1 "Six-pack" muscles 4 Somewhere out there 8 Snare

Across

12 A Gershwin brother

15

18

26

31

34

37

45

50

- 13 Albacore, e.q.
- 14 Apiece
- 15 Reverie 17 Tool storage struc-
- ture
- 18 Bombard 19 Fore's opposite
- 21 Greek consonants 22 Masseuse's work-
- place
- 26 Seraglio group
- 29 April payment
- 30 Joan of 31 Enrages
- 32 X ratina?
- 33 Fedora feature
- 34 Conger or moray 35 Crafty one
- 36 High-quality
- 37 Fluorescent trademark
- 39 "Furekal" 40 "- Town"
- 41 Operatic voices
- 45 Kill bills
- 48 9-to-5
- 50 A long time 51 Massachusetts
- motto starte
- 52 Caesar's "I love"
- 53 Protuberance 54 Colonial sewer
- 55 Kitten's comment

1 Verdi opera 2 Lingerie buys

3 Puts into words

- 4 Hotel lobby, perhaps 5 Gas, oil, etc. 6 Literary collection 7 Fast time
- 8 Irritable 9 "Go, team!"

46

147

- 10 Dogfight participant 11 Advanced dea.
- 16 Hamlet's country men 20 Transmit, in a way
- 23 Ganges attire 24 Prudish
- 27 Neighborhood
- 25 Wile E.'s supplier 26 Wasted no time

- 28 Hinge (on) 29 Cowboy nickname
- 32 As specified
- 33 Impudent 35 Winter ailment
- 36 Aspects
- 38 Gaggle member 39 Bottomless pit 42 Thailand, once
- 43 "All —" 44 Pack cargo
- 45 Vehicle with sliding doors
- 46 ld counterpart 47 Nugent of rock

49 "I'll take that as

ao to metronews.ca

might get noticed by people whose gaze is best avoided! cause it could disappear.

← Libra Sept. 23-Oct. 23 What looks like bad news early in the day will turn out to be good news later in the day.

M Scorpio oct. 24-Nov. 22

A partnership issue will come to ahead. It will be resolved so

For today's crossword answers and for expanded horoscopes,

₹ Sagittarius Nov. 23-Dec. 21 If you worry less, you may actually do better financially.

り Capricorn Dec. 22-Jan. 20 If something didn't work out as planned, it doesn't mean you're on the wrong track.

Aquarius Jan. 21-Feb. 18 If little things annoy you, maybe you need to slow down and focus on what matters. H Pisces Feb. 19-March 20. If

there are aspects of your life

them today. SALLY BROMPTON

that you don't like, change

Sudoku

10

25

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23 24

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42 43 44

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➤ Yesterday's answer

20

36

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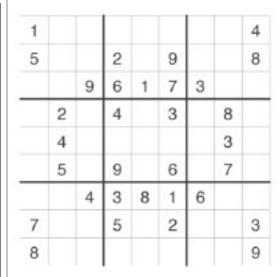
32

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35



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	7	9	3	9	1	4	. 0	9
4	1	6	5	7	8	3	2	9
9	9	9	4	2	6	1	7	5
a	2	7	9	1	5	6	4	9
3	5	9	6	4	7	п	1	2
ō	4	1	2	0	0	5	9	7
7	6	2	a	5	4	9	3	1

5 9 4 1 3 2 7 8 8

1 3 8 7 6 9 2 5 4

Send a

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Daddio,

I owe a heck of a lot of my success to your constant encouragement. Someday I'll write that book and make you your millions, promise. Thanks for putting up with me in the meantime. Happy birthday! LOVE, BIZBOO

Max, just wanted to send you a note to say that I love you so much, and so much more than love you. Happy anniversary handsome.

Dear honey bunny, I know that you always do sudoku and other stuff in Metro, and i wanted you to know that im really happy that savage introduced us last year. love you lots <3 FROM YOUR OTHER HALF

Nadia-muffin *points to eye *points to heart *points to you Happy 11 months baby YOUR BUBBIE



Today's horoscope

T Aries March 21-April 20 Resist the urge to start a fight today. There's no point.

Taurus April 21-May 21 You are bullish right now, but keep a sense of perspective about what is and is not possible.

II Gemini May 22-June 21 An issue you thought was done will return. Now, you must deal with it once and for all. Gancer June 22-July 22 No

matter what losses you have suffered of late, your attitude is still positive. You're learning.

Ω Leo Iuly 23-Aug. 23 Don't go against the rules today. You

Mr Virgo Aug. 24- Sept. 22 Don't take good luck for granted be-

so don't call it quits just yet.





Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.







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